



Dr Carol Newnham will contact you in the next few days to invite you to participate in this study. If you are interested, the next step will be to meet with Carol, when she will explain the details of the study and answer your questions.

If you would like further information, please ask your case manager, or telephone Dr. Carol Newnham on 9496 4496

Improving Medical, Neurobehavioural and Brain Functioning?

**PremieStart:
Beautiful
Beginnings**





We have designed and successfully piloted a new program to help parents and their very premature babies to adjust to each other in the early weeks after birth.

However we need to be sure that the new program is useful before it can be used more widely. Hence we are running a larger study where some

families will be allocated to the new program and some will receive enhanced standard care. We do not know which group you and your baby will be in.

The advantages of being in this study for families in both groups include:

1. Ongoing contact with the psychologist/ therapist for the time your baby is in hospital.
2. A magnetic resonance image (MRI) scan around the time your baby would have been born if he or she was born at fullterm.

3. Two neurobehavioural assessments (at entry into the study and also at the time your baby would have been born if they had been born fullterm).

4. Copies of the magazine **Premiepress** which are full of helpful information.

The MRI scans, infant assessments and Premiepress copies will not cost you anything.