

MumMoodBooster

Clinician Portal Available NOW
START REFERRING PATIENTS

Australia's new effective evidence-based treatment for postnatal depression

Have you screened or identified a patient with a new baby who is struggling to cope, feeling flat, sad or depressed?

This internet CBT treatment program may help.

MumMoodBooster is **FREE** and features:

- Six interactive sessions accessed from home
- Optional weekly phone coach (for those at higher risk)
- Access to lots of online information

To register for a Clinician Portal account please visit:

www.admin.mummoodbooster.com

Clinician Portal Features:

✓ Rapid Secure Access

One-time registration to receive a referral code, giving you access to your patients' progress

✓ Risk Alerts

Patients are sent alerts when their symptoms escalate, providing them with prompts to visit their GP. You also get a copy of the alert.

✓ Summary Reports

Access a summary of your patients' results at week 1, 4, and 8, upon completion.

MumMoodBooster

You will have access to your patients' results on the following baseline screening assessments

The Edinburgh Postnatal Depression Scale –
whilst you may have already screened a patient, MumMoodBooster offers an additional EPDS screening assessment

PHQ-9

Patient Health Questionnaire

DSM-5

Cross-sectional symptom measure

GAD-2

Generalised Anxiety Disorder

Developed by:



For more information contact piri@austin.org.au